

## Alternative

- Monday  
Pizza Meal
- Tuesday  
Deli & Salad Bar
- Wednesday  
Hot Sandwich Meal
- Thursday  
Deli & Salad Bar
- Friday  
Tender wraps  
Deli & Salad Bar

## School News

**BUY YOUR SNACKS**

**EVERY MORNING  
In  
CAFETERIA**

**Between**

**7:20 and 7:40**

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

In the Middle Ages, young men and women drew names from a bowl to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. This was the origin of the expression "to wear your heart on your sleeve."

Pizza: Cheese  
Pepperoni  
Steak and Cheese  
Hash Brown  
Romaine Salad w/ Bar fixi.  
Assorted Fruit Selection  
Milk

Breakfast Sandwich on  
English Muffin  
Hash Brown  
Applesauce  
Assorted Fruit Selection  
Milk

Stuffed Mozz Sticks  
Marinara Sauce  
Potato Skins  
w/ Fixings  
Seasoned Green Beans  
Assorted Fruit Selection  
Milk

Vegetable Lasagna  
W Alfredo sauce  
Or  
Meat Sauce  
Romaine Salad  
Steak Fries  
Assorted Fruit Selection  
Milk

Beef Taco Bar  
Nachos with Cheese  
Mexicorn  
Bean Salsa  
Assorted Fruit Selection  
Milk

Pizza: Cheese  
Pepperoni  
Taco topped  
Baby Cakes  
Romaine Salad w/ Bar fixi.  
Assorted Fruit Selection  
Milk

Assorted Grinders  
R.Beef, Turkey, Ham  
Baked Chips  
Lettuce and Tomatoes  
Pickles  
Raw Carrots  
Assorted Fruit Selection  
Milk

Pepperoni Pocket  
Or  
Cheese calzone  
Marinara Sauce  
Potato Smiles  
Green Beans  
Assorted Fruit Selection  
Milk

Fish Sticks  
Or  
Chicken Tenders  
Mac and Cheese  
Tomatoes and zuchini  
WW roll  
Assorted Fruit Selection  
Milk

Turkey Gravy  
Or  
Pork and Gravy  
Mashed Potatoes  
Candied Carrots  
Ww Bread  
Assorted Fruit Selection  
Milk

Asst'd Flatbread Pizzas  
Hash Browns  
Romaine Salad w/ Bar fix  
Assorted Fruit Selection  
Milk  
President Cookies

SCHOOL  
VACATION

SCHOOL  
VACATION

SCHOOL  
VACATION

SCHOOL  
VACATION

SCHOOL  
VACATION

Chicken Sandwich  
Cheeseburger  
Hash Browns  
Pickles  
Lettuce and Tomatoes  
Fresh Carrots  
Assorted Fruit Selection  
Milk

Chicken Tenders  
Steamed Rice  
Garden Peas  
WW roll  
Fruit  
Milk

Cheese Quesadilla  
Spicy Fries  
Corn  
Bean Dip  
Fruit  
Milk

Stuffed Mozz Sticks  
Marinara Sauce  
Potato Skins  
w/ Fixings  
Waxed Beans  
Fruit  
Milk

